





RC Gurgaon Qutab Enclave RI President – Jennifer Jones Vol. 26 Issue 6 Dec 2022

District 3011, Zone 8, Club 50197

District Governor – Ashok Kantoor Preside

President: Arti Agarwal

President's Message

The experiences that we have as Rotarians and the experiences we give to others which they cherish define the Rotary moments. I am happy to talk about some of the Rotary moments shared by our Rotary family over the last month.

For our Interactors, the District Interact Leadership Assembly was a great Rotary moment. Hearing out Peepal baba, sharing their projects and learning about the projects their

peers were undertaking gave them the feeling of being a part of something larger than themselves, with the freedom to give wings to their imagination to help the community at large.

Another great moment for Interactors was their Investiture, receiving pins which they can proudly flaunt. It will help them open up a window to communities beyond their own.

On Children's Day, our Rotarians shared snacks and juices with Anganwari and Sikenderpur Govt. school children. Their brightly lit faces and broad smiles led to shared Rotary moments with our members.

The learning never stops - even for our experienced Rotarians! With talk on Cyber Security by Cyber Cell Gurugram and a Workshop on Basic Life Support by Narayana Hospital Gurugram- our members got introduced to two very important aspects of life in today's time – how to protect oneself from cyber frauds and how to respond in emergency situations along with a hands-on training on CPR.

The enthusiastic participation by members in both the sessions and sharing of personal experiences have been amazing Rotary moments for our Rotary family. Members have since then been sharing in club groups different cyber frauds/ crimes bringing in awareness and keeping one another informed.

For me personally, one Rotary moment was the beginning of a sustainability project with the approval of funds by our CSR Partner for two solar plants of 20KVA each at Earth Saviours Foundation, Mandawar. This will bring joy to 500+ residents who will be getting the gift of continuous power.

For all of us these experiences are adding up as beads on a necklace of treasured stories, learnings and memories that we hope to carry with us in 2023 and beyond.

Arti Agarwal President 2022-23



Key Club Office Bearers 2022 - 23

> President Arti Agarwal

Meeta Ghosh Immediate Past President

President Elect Wg Cdr Baljit Ahluwalia

> Vice President Lalit Mattu

Hony. Secretary Aparna Gupta

> Treasurer Rajeev Goel

Sergeant-at-Arms Rajesh Adlakha

Joint Secretary Muniinder K Anand

Director Club Service Kapil Pahuja

Director Vocational Service Reena Sawhney

Director Community Service Gita Jain

Director International Service Akhil Agarwal

Director New Generation Sunil Khanna

Director Environment Arun Gupta

> Club Trainer Sushma Mattu





Rotary International President's Message



December 2022

While sitting with a group of Rotary leaders outside of Lusaka, Zambia, I ask a question: "How many of you have ever had malaria?" Every hand in the room goes up. They even begin to tell me about the first, second, or third time they experienced the disease, one of the main causes of death and sickness in many developing countries.

They are fortunate. They have access to medical treatment and lifesaving medicines. For the people of rural Zambia, their story is very different.

On a wooden bench in a small village, I sit with Timothy and his young son Nathan. With a camera crew capturing our conversation, he tells me of the time Nathan showed signs of malaria. He brought the boy to the nearby home of a community health worker, where Nathan quickly received medicines that, in all likelihood, saved his life.

Calmly, Timothy tells me about his other son's bout with the disease a few years earlier. He had to race that son to a medical clinic more than 5 miles away. Riding a bike and carrying his child on his back, he tells me, he could feel his son's legs turn cold and then his little body go limp. As he finally entered the clinic, he screamed for help, but it was too late. The camera stops rolling, and we sit in silence. He begins to weep, and I hold him tightly. "I lost my son, I lost my son," he says.

This story is all too familiar for the families we meet over the next few days. And yet there is hope. Partners for a Malaria-Free Zambia is Rotary's first Programs of Scale grant recipient, and it is saving lives. Across two provinces of Zambia, 2,500 volunteer health workers have been selected by their communities. They are trained to bring medical care closer to those who need it, and they are able to diagnose and treat malaria and other ailments. Rotary partnerships create lasting change.

Jennifer Jones President – 2022 / 23





Events of the Month (November 2022)

SOLAR PROJECTS INITIATION- Two 20 KVA plants @ Earth Saviours Foundation, Mandawar











RCGQE members visited ESF Bandhwari to share the good news about approval of CSR funds for <u>two 20 KVA solar plants</u> at their Mandawar facility.

Members also discussed the plan for implementation and monitoring of the project. On completion, expected to be within this year, inauguration of the project will be done in collabotation with RCGQE and the CSR Partner.







DONATE A LIMB" Project – Camp 2

Under our club's 'Donate A Limb' project, we held our second camp at Rotary Divyang Kendra, Delhi. We provided 17 limbs / AFOs to young children as old as 4 yrs by making a contribution of Rs 51,000. The gift of limbs from our club members will have a life changing impact for these children. Thanks to all the members whose whole hearted support and contribution to the fund made this camp possible. AG Rtn Sarvesh Dutt along with partner Ritu Dutt attended the camp.





Some glimpses of the camp - beneficiary children along with







their parents





Our club had held a prior camp in August at Rotary Divyang Kendra providing limbs to the needy.





SPEAKER MEETING - CYBER SECURITY BY CYBER CELL GURUGRAM



Mr. Anil Kumar and his team from Gurugram Cyber Cell conducted a very informative session explaining various methods of scams and frauds commonly used by the scamsters. They gave useful tips on how to stay safe and save oneself from cyber frauds.

They also shared information on what steps should be taken in case one becomes an unfortunate victim of a cyber crime. Members shared their personal experiences. The live examples given by the cyber cell team resonated very well with the audience, highlighting the importance of being careful with cyber crimes.



A great evening with good fellowship and many useful takeaways from this very interesting and absorbing session.











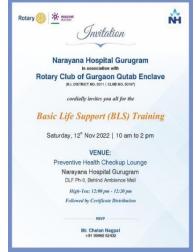


WORKSHOP - BASIC LIFE SUPPORT (BLS) BY NARAYANA HOSPITAL





A Basic Life Support (BLS) 'HANDS ON' workshop was organised by our club in collaboration with Narayana Multi Speciality Hospital, Gurugram for Rotaracts and club members on Saturday,12th November 2022.



The idea was conceived & implemented by our member Rtn Dr. D. N. Saxena with the help of experts from

Narayana Multispeciality Hospital, keeping in mind that most of us do not know much about the concept of BLS. The concept received very encouraging response from the Rotaractors and club members.



We had an interactive lecture and hands-on training of Cardio-Pulmonary Resuscitation (CPR) on a dummy under the guidance of emergency specialist in case of sudden cardiac and respiratory arrest. When and how to use Automatic External Defibrillator (AED) was also explained.

The BLS training was imparted by Dr Swadesh Kumar, Chief, Emergency Services Naryana Super Speciality Hospital, Dr Yashima Puri, Resident at AIIMS New Delhi & BLS instructor Navsangeet Kaur.







Several Rotractors and Club members tried their hand on CPR to learn the right technique. The management of day to day common emergencies were also discussed through power point presentations.



At the end of session, the trainers from Narayana Hospital were felicitated by the club officials / members and Certificate of Participation was given to attendees.

Over all, it was a first of its kind, highly informative, educative and enlightening session. Active participation by the Rotractors was a high point of this event.











CHILDRENS' DAY CELEBRATIONS- At SIKENDERPUR SCHOOL

Celebrated childrens' Day with members visiting Sikendarpur Govt. Primary School, Gurgaon and nearby Anganwari and distributed sweets, snacks and juices to all children. It was a pleasure to see the smiles on the faces of children.







11th November - DISTRICT INTERACT LEADERSHIP ASSEMBLY

Three of the five Intercat Clubs sponsored by our club participaed in DILA held on 11th Nov, 22. The Interactors had very good learning experience and were overjoyed and highly motivated with the stories from Peepal Baba It was a tremendous learning experience for them showcasing their projects and learning from others' projects. Interactors shared brief snippets after their visit

Brief snippets as provided by our Interact Clubs who took part in the Assembly

Interact club of DoAr - Explorer Academy

We, had a great experience at DILA. Peepal Baba inspired all of us and every single social message was very well depicted through the medium of Nukkad Natak.

We are indeed very honoured and feel very excited as we share our initiative and appreciation we recieved with you all





Amity International School, Sec 46

Interactions from Amity International School sector 46, were highly appreciated as the Best Game Changer for their innovative idea of recycling used Coconut Shells as planter pots.

They came up with thought provoking message in thier poster Making, depicting the main theme of thier club on reducing Carbon Footprint.











INVESTITURE CEREMONY - INTERACT CLUB OF SHERWOOD SCHOOL





Investiture Ceremony of Interact Club of Sherwood School, Gurugram was a very well organized ceremony. President 21-22 shared the major accomplishments of the club last year. President 22-23 shared his plans for the current year.

A well planned Handing Over/Taking Over from the past to the present was followed by the Pinning Ceremony of the new office holders.

A well planned and executed program of 40 minutes included a well orchestrated dance and song recital.The Principal and HM were there along with the students of the senior classes. What was





delightful to watch was the articulate talks by the old and new Interact office bearers. Speaks volumes of the staff's dedication and rich culture of the school. No wonder, their students are well placed and are doing well at different levels.













DISTRICT LITERACY SEMINAR - participation in district event and exchange of flag with Rotarian from Spain



District 3011 Literacy Seminar organized on 26th October 2022 was a great platform to meet Rotarians, NGOs, district team working in the areas of literacy. Hearing PRID Rtn Kamal Sanghvi and other eminent speakers was very motivational.

Our President Arti Agarwal participated in this event and also had the opportunity to exchange the flag with a visting Rotarian from Spain club.



ROTARY INSTITUTIONS IN NCR

Rotary International South Asia Office (RISAO)



A very informative visit to the Rotary International South Asia Office (RISAO) was organized for the Presidents Elect by DGE Jeetender Gupta. Our PE Wg Cdr Baljit Ahluwalia attended to have a glimpse of this hitherto little known organisation to the Rotary fraternity at large in this district.

This office manages all the Clubs in India, Bhutan, Pakistan, Bangladesh, Maldives, Nepal and Sri Lanka.

RISAO Head Rtn Dr Rajeev Ranjan and his team showcased a Presentation highlighting the role of his Organisation and how they would be of help to us in driving District and Global Grants Projects. We also got to understand the usefulness of Rotary.org website.





ROTARY SKILL DEVELOPMENT CENTRE - VISIT OF PEs



Rotary Clubs across the world carry out meaningful Projects to help and provide assistance to the needy and lesser privileged strata of the society. In previous years, Clubs have initiated the formation of Rotary Public School and Rotary Blood Bank. These institutions have rendered yeoman service to the society.

One such Institute formed in 2019 by Rotary Club Delhi Southend is the Skill Development Centre in the Pusa Institute area. This Centre houses around eight refurbished classrooms conducting three months courses on various disciplines like sewing and stitching, welding, computer courses, debt collection and other miscellaneous courses. The Centre also provides 100% placement.

DGE 2023 – 24 Rtn Jeetender Gupta organized a visit to this Centre for the Presidents Elect of the year. Around 25 Presidents Elect, including Wg. Cdr. Baljit Singh Ahluwalia, PE - RCGQE were given a conducted tour of the Centre by PP Rtn Amit Chaudhry who was instrumental in setting up the Centre. Interacting with the students was a pleasure and seeing the sparkle in their eyes motivated all of us to do something similar in our Clubs.

President-Elect Siddharth Sehgal, Rotary Club Delhi Southend played the true host, taking care of all the visitors.









GREETINGS

December	
4 th	Mili Jain
8 th	Anita Ahluwalia
10 th	Sunil Verma
11 th	Akhil Agarwal
13 th	Shaili Goel
14 th	Rajesh Adlakha
14 th	Anil Bhatnagar
22 nd	Abha Mathur
24 th	Anila Chaudhry
26 th	K C Agarwal
29 th	Rajeshwari Agarwal
30 th	Indu Sud

December

2 nd	Madhubala Sharna & Dinesh Kaushal
3 rd	J K Puri & Mala Puri
10 th	Arti & Akhil Agarwal
14 th	Anil & Geeta Bhatnagar
17 th	Sanjay & Mili Jain







Club Calendar for December 2022

2 nd Dec.	Friday	Visit to PHC, Pataudi for Solar Plant
2 nd Dec.	Friday	Club Meeting The Marble Story by Rtn Muninder
3 rd Dec.	Saturday	Rotaract Project – Prizes during the Annual Function of Captain Chandan Lal School for the Blind
4 th Dec.	Sunday	Blood Donation Camp at Palm Drive, Sector 66, Gurugram
10 th Dec.	Saturday	Blood Donation Camp at Amity International School, Sector 46, Gurugram
16 th Dec.	Friday	Board Meeting



